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## The Supplemental Nutrition Assistance Program (SNAP) [Electronic Benefits Transfer \(EBT\)](#) (SNAP EBT) Can

### How to Apply:

- You can apply for and receive your benefits from the county food assistance program.
- File an application at [your local County Assistance Office](#)
- Download an Application for SNAP Benefits (Food Stamp) from the Web and return it to [your local County Assistance Office](#)
- [Application for Food Stamps](#) (English version)
- [Solicitud para recibir beneficios](#) (Solicitud para recibir beneficios)
- If you need help completing the Application Office staff can help you.

### The following persons may apply:

- The head of the household;
- The spouse of the head of household;
- Any other responsible household member; or
- A designated authorized representative, who can be a friend, relative, neighbor, or anyone else the

### Income Eligibility Requirements

- The maximum monthly SNAP benefit amounts went up in April 2009 because of the recently signed
- Categories: For families without an elderly (60 or over) or disabled household member.
- Medical Deductions: Elderly and disabled persons may deduct from income the cost of medical expenses for themselves, their spouse, or dependent children.
- Expedited Food Stamps within 5 days, if you earn less than \$150 a month.
- Separate Households: Persons living under one roof need not constitute a household.
- If circumstances change, food stamp recipients are required by law to report changes to the program.
- Benefits for Senior Citizens in the SNAP program. I am aware of and continue to work on this issue.
- I am informed that 4.2 million low-income seniors remain eligible but are not receiving benefits.
- Recently, the program was expanded. On February 17, 2009, President Obama signed a law that
- SNAP benefits add to eligible low-income households' ability to cover their food costs.
- In recognition of relatively high food inflation, benefits were last adjusted in 2008.
- Additionally, the Older Americans Act nutrition programs provide federal payments to eligible seniors.
- Meals on Wheels Nutrition Services Meals are available to individuals 60 years or older and their

## Supportive Services For Job Training To Improved Employment Skills

- **A Food Stamp recipient may ask the caseworker if he or she can participate in an Employment**
- An approved recipient may receive the special allowances to pay for costs to prepare for, seek, ac
- An approved EDP specifies the activities the recipient participates in for which the supportive servi
- WIC (Women, Infants and Children) nutritious food and education for wom

